

# Community Supported Agriculture (CSA)

How it works - Consumers and farmers work together on behalf of the harvest and each other. While the farmer is tending the crop on behalf of others, consumers share the costs of supporting the farm and share the risk of variable harvests (also share the over-abundance of particularly fruitful seasons).

CSA <http://www.patricksmtngrown.com>

## PATRICKS MOUNTAIN GROWN

Is located at 3200 feet in Camino, CA, just below snowline on the western slope of the Sierra Nevadas. We specialize in brambleberries, heirloom tomatoes, apples, peppers, cucumbers, squash, and greens.

## What Is My Share?

The weekly food share includes an average of seven to eleven items—less early and late in the season, and more at peak season. 20 to 22 weeks approx June 3<sup>rd</sup> – Oct 21<sup>st</sup>. \$450 a share. Pick ups are scheduled for Fridays after 8 am at the farm at 4455 Pony Express Tr., Camino, CA. Bulk quantities can be purchased for canning, freezing, and storage. Special products from other small farmers and producers may be available for purchase.

## Share Examples

Fresh berries Heirloom Tomatoes Corn Squash Peppers Beets Jam and syrups Onions Greens Radishes Spinach Cucumbers	Carrots Potatoes Apples Optional items: <ul style="list-style-type: none"><li>• Pears</li><li>• Peaches</li><li>• Flowers</li><li>• Honey</li><li>• Eggs</li><li>• Etc</li></ul>
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## Member Options

- **Share Box-a weekly pre-packaged share of the harvest.**
- **Market Box-You choose at the market.**
- **Credit at Farm**
- **20 to 22 weeks approx June 3<sup>rd</sup> – Oct 21<sup>st</sup>. \$450 a share.**

Send payment to:  
PATRICKS MOUNTAIN GROWN  
P.O Box 1314  
Camino, CA 95709

## How Can I Get More Information?

Contact::

PATRICKS MOUNTAIN GROWN

P.O Box 1314  
Camino, CA 95709

Suzanne Elise (530) 320-1240

info@PatrickMtnGrown.com

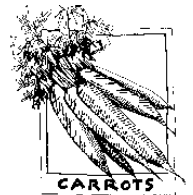
www.PatrickMtnGrown.com

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

*Local Fruits and Vegetables  
A Consumer - Farmer Partnership*

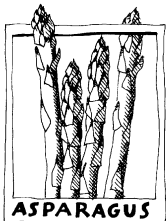


## Patricks Mountain Grown:

- Provides members with high quality, naturally-grown vegetables throughout the growing season and for storage through the winter.
- Provides a reliable income and source of labor for the community we support.
- Helps members understand how food proceeds from the field to the table by directly linking them to the natural ecology and operation of a commercial farm.
- Enables members to share in the labor, risks, benefits, insights, frustrations, and satisfaction of farming.

## Who Can Join?

Membership is open to anyone in Sacramento and El Dorado Counties. Families with children are especially welcome. We will arrange farm tours and encourage you to come by and pick your own berries in season. We just ask that you call Suzanne Elise at (530) 320-1240 before you plan on visiting.



## What Does It Cost?

Memberships in the C.S.A. are based on shares of the harvest. Members are called shareholders, and they subscribe or underwrite the harvest for the entire season in advance. Members help pay for seeds, fertilizer, water, equipment maintenance, labor, etc. In return, the farm provides, to the best of its ability, a healthy supply of seasonal fresh produce throughout the growing season. Becoming a member creates a responsible relationship between people and the food they eat, the land on which it is grown, and those who grow it. **CONNECTING THE CONSUMER, THE FARMER, AND THE EARTH**

*Think locally, eat locally!*

***CSA Members get an additional 10% off purchases at the berry farm and markets.***

Can be combined with other offers, up to a total of 20% discount.

Berries, Apples and Vegetables

**A Consumer-Farmer Partnership**



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*Our 13<sup>th</sup> season of berries, apples, and vegetables!*

**Think Locally, Eat Locally**